

Control Exercises

Slowly build up your speed

Speed Up Exercise 1

T	12		
A	8	10-14-10	12-15-12
B		12-10-12	14-11-14

T			
A	9-12-9	10-14-10	12-10-12
B	11-8-11	11-8-11	12-10-12

T			
A	7-10-7	9-12-9	11-8-11
B	8-7-8	8-7-8	11-8-11

T			
A	6	9	6
B	8	5	8

Speed Up Exercise 2. Learn separately, then join them together

T	•	5	7	8	5	8	7	5	8	5	8	7
A	•											
B	•											

T	5	7	8	5	7	8	7	5	8	7	•
A											•
B											•

(Repeat on every string)

Etc.

Speed Up Exercise 3

T				
A				
B	5	6	7	8

Control Exercises

(Repeat on every string)

Etc.

Speed Up Exercise 4

	1	2	3	4	5	4	3	2	3	4	5	6	7	6	5	4	
T																	
A																	
B																	

Finger Stretching Exercise 1 (Descend down neck, as far as you can)

				15		15				15		15			14	■	
T																	
A			14		14					14		13			13		
B	12	13			11	13			11	12		11	12		11	12	

Finger Stretching Exercise 2 (Descend down neck, as far as you can)

			11		11					11		11			12	11	
T																	
A		14		13		14				13		12			13	12	
B	15				15				15			15			14	13	

(Use left hand only, using hammer ons and pull offs)

Legato Finger Strengthening Exercise

		14	10	12	14	12	10	9	10	12	10	9		12	10	8	
T	●																
A																	
B	●																

	11	7	9	11	9	7	6	7	9	7	6		9	7	5	
T																
A																
B																

	9	5	7	9	7	5	4	5	7	5	4		7	5	3	
T																
A																
B																

	9	5	7	9	7	5		9	5	7	9	7	5	
T														
A														
B														

	11	7	9	11	9	7		11	7	9	11	9	7		14	10	12	14	12	10	●		
T																						●	
A																							
B																							