

Control Exercises

Slowly build up your speed

Speed Up Exercise 1

T	12		
A	8	10-14-10	12-15-12
B		12-10-12	14-11-14

T			
A	9-12-9	10-14-10	12-10-12
B	11-8-11	11-8-11	10-14-10

T			
A	7-10-7	9-12-9	11-8-11
B	8-7-8	8-7-8	9-12-9

T			
A	6-9-6	8-5-8	6-9-6
B	8-5-8	8-5-8	2

Speed Up Exercise 2. Learn separately, then join them together

T	•	5	7	8	5	8	7	5	8	5	8	7
A	•											
B	•											

T	5	7	8	5	7	8	7	5	8	7	•
A											•
B											•

(Repeat on every string)

Etc.

Speed Up Exercise 3

T				
A				
B	5	6	7	8

Control Exercises

(Repeat on every string)

Etc.

Speed Up Exercise 4

	1	2	3	4	5	4	3	2	3	4	5	6	7	6	5	4	
T																	
A																	
B																	

Finger Stretching Exercise 1 (Descend down neck, as far as you can)

T																			
A																			
B	12	13	14	15	13	14	15	11	12	14	15	12	13	15	11	12	13	14	■

Finger Stretching Exercise 2 (Descend down neck, as far as you can)

T																				
A																				
B	15	14	13	11	14	12	11	15	13	12	11	15	13	12	11	14	13	12	11	■

(Use left hand only, using hammer ons and pull offs)

Legato Finger Strengthening Exercise

T	•																
A	•																
B																	

T																	
A																	
B	11	7	9	11	9	7	6	7	9	7	6	9	7	5			

T																	
A																	
B	9	5	7	9	7	5	4	5	7	5	4	7	5	3			

T																	
A																	
B	9	5	7	9	7	5	9	5	7	9	7	5					

T																			
A																			
B	11	7	9	11	9	7	11	7	9	11	9	7	14	10	12	14	12	10	•